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WINNER OF NINE PULITZER PRIZES

'It was like being thrown around like a rag doll'

PASSENGER TRAIN DERAILS IN CHRONIC MUDSLIDE ROUTE NORTH OF SEATTLE



Passengers from Amtrak's derailed Empire Builder line wait at the train station in Mukilteo for buses to take them to Edmonds and Seattle. Until passenger service resumes, Amtrak will bus passengers between Seattle and Everett.

AND SARA JEAN GREEN Seattle Times reporters

Sounder and Amtrak customers are riding buses again rather than rail lines north of Seattle because of a mudslide that derailed a passenger train Sunday — the latest in what has been an exceptionally bad season for mudslides in that

Sounder service between Seattle and Everett is canceled Monday and Tuesday, when Sound Transit will provide special express buses to and from the Sounder stations. Amtrak expects to resume service Tuesday morning.

There were 200 slides during the fall and winter, 50 of them blocking tracks, BNSF Railway said in February. The most spectacular hit a moving freight train in mid-December and derailed seven cars. A March 21 slide buried tracks in five feet of debris. Sound Transit has canceled a record number of Northline Sounder runs this rainy sea-

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Three cars from an Amtrak train that was carrying passengers sit on a track derailed near a mudslide in Everett after the rest of the train continued to Mukilteo on Sunday.

'Zero TV' homes kiss the cable guy goodbye

GROWING TREND | Broadcasters are taking notice of people who have cut the cord to their TV and rising monthly bills, and are watching shows on their computers, tablets and even cellphones.

By RYAN NAKASHIMA The Associated Press

LOS ANGELES — Some people have had it with TV. They've had enough of the 100-plus channel universe. They don't like timing their lives around network show schedules. They're tired of \$100plus monthly bills.

A growing number of them have stopped paying for cable and satellite-TV service, and don't even use an antenna to get free signals over

These people are watching shows and movies on the Internet, sometimes via cellphone connections.

Last month, the Nielsen Co. started labeling people in this group "Zero TV" households, because they fall outside the traditional definition of a TV home. There are 5 million of these residences in the U.S., up from 2 million in 2007.

Winning back the Zero TV crowd will be one of the many issues broadcasters discuss at their national meeting, the NAB Show, this week in Las Vegas.

While show creators and networks make money from this group's viewing habits through deals with online video providers and from advertising on their own websites and apps, broadcasters get paid only when they relay such programming in traditional ways.

Unless broadcasters can adapt to modern platforms, their revenue from Zero TV viewers will be zero. "Getting broadcast programing

See > TELEVISION, A10

TEST TIME FOR OBAMA AGENDA IN POLARIZED CONGRESS

IMMIGRATION, GUNS, BUDGET COMPROMISE

Issues to shape dealings with GOP in second term

By JACKIE CALMES The New York Times

WASHINGTON — The days ahead could be decisive ones for the main pieces of President Obama's second-term agenda: long-range deficit reduction, gun safety and changes to immigration law.

With Congress back this week from a recess, bipartisan groups of senators who have been negotiating about immigration and gun violence are due to unveil their agreements, though prospects for a gun deal are in question as the emotional impact of the December massacre in Newtown, Conn., has faded and the National Rifle Association has marshaled opposition.

And Wednesday, Obama will send his annual budget to Capitol Hill intended as a compromise offer, though early signs suggest Republican leaders have little terest in reviving talks

Members of both parties say Obama faces a conundrum with his legislative approach to a deeply polarized Congress. In the past, when he has stayed aloof from legislative action, Republicans and others have accused him of a lack of leadership. When

See > CONGRESS, A3

New health culprit found in red meat

By GINA KOLATA The New York Times

It was breakfast time, and the people participating in a study of red meat and its consequences had hot, sizzling sirloin steaks plopped down in front of them. The researcher himself bought a George Foreman grill for the occasion and the nurse assisting him did the cooking.

For the sake of science, these six men and women ate every last juicy bite of the 8-ounce steaks. Then they waited to have their blood drawn.

Dr. Stanley Hazen of the Cleveland Clinic, a nonprofit academic medical center, who led the study, and his colleagues had accumulated evidence for a surprising new explanation of why red meat may contribute to heart disease. And they were testing it with this early-morning experi-

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